



As kids get older, we need to start talking to them about body boundaries in new ways. Consent can be one of these conversations. Cut out the wallet card below and use it to guide a conversation with your teen. You can even add your own ideas and reminders together!



## Consent is...

- giving permission for something to happen or agreeing to do something
- a clear yes

## Anything else isn't consent.

Call 866.FOR.LIGHT or text LIGHT to 741741 for 24 hour resources and support.

www.D2L.org/consent

- It's never OK for someone to pressure you into anything or for you to pressure your partner into anything.
- Body language says a lot. Pay attention.
- Legal consent is sober consent.
  Someone who is intoxicated cannot give consent.
- Remember that a "no" is OK from you or your partner.
- If you originally said yes, you can change your mind at any time and say no.
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Use the empty bullets to fill in your own reminders!



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